

THE MULTI-LINGUAL PSYCHOTHERAPY CENTRE

MLPC MORNING WORKSHOP

"The Dream of Home"

Social Dreaming and Group Discussion

Saturday 21st June 2014

This forthcoming MLPC workshop will explore the theme of 'home'. Where is home? Is it a place we know and inhabit or is it a subject for longing? Home as a notion can be thought of as symbolically linked to a collective and individual story about who we are, where we came from and where we are going. Home is about origins as well as the desired destination. It is not just a place of regression but one of a potential and shared space.

The morning will start with a Social Dreaming session. In social dreaming, we meet to share dreams, associate to them, and make connections where possible. The aim is not to interpret the dreams for the dreamers, or reach consensus on their meaning, but to use the dreams as an aid for cultural inquiry.

We will then explore three themes of the 'dreamed of home' and how this may be located in a multi-lingual space; the 'longing for home' which is linked to feelings of Exile and lastly our thoughts on 'cyber home' which may be a place which is everywhere and nowhere at the same time. The morning will end with a short plenary.

****Venue: The Anna Freud Centre, 12 Maresfield Gardens, London NW3 5SU ****

9.30: Registration
10.00 Social Dreaming Session
11.15 Coffee Break
11.35 Vignettes and group discussion
12.40 Plenary
1.00 Close

Cost: £15 (members) and £25 (non-members) including refreshments
(C.P.D. Certificate available upon request)

FOR FURTHER DETAILS CONTACT

MLPC

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