

THE MULTI-LINGUAL PSYCHOTHERAPY CENTRE

MLPC LECTURE

“SILENCE LENDS INTEGRITY TO SPEECH”

Transcending the opposites of speech and silence in the analytic dialogue

By Anna Bravessmith

Saturday 2nd of March 2013

Silence forms an integral part of any spoken language, though it may be that the meanings of pauses or longer silences, are connected with cultural differences. In this MLPC lecture Anna Bravessmith will explore the interplay between silence and the spoken words used by analyst and patient within the context of clinical practice. Both analyst and patient are engaged in a personal struggle to try to discover an integrative connection between silence, often experienced as nothingness, and speech, often experienced as suffocating or mendacious.

Anna will discuss the uses of silence in aiding speech to attain integrity with reference to two clinical vignettes. It will be argued that a Jungian perspective contributes a further, unique insight through the concept of the transcendent function in which silence and speech are seen as opposites out of which new levels of meaning arise.

Anna Bravessmith is a Jungian analyst (Society of Analytical Psychology), supervisor, and trainer at several analytic organisations and primary care therapist in NHS, Brent. She has contributed to analytic practice by developing groups in Slovenia and St Petersburg and published a number of papers in various Journals and has a private practice in Highgate.

Venue: The Freud Museum, 20 Maresfield Gardens, London NW3 5SX

9.30 Registration and refreshments
10.00 SILENCE LENDS INTEGRITY TO SPEECH
10.50 Discussion (after 10 min break)
11.45 Close

Cost: £15 (members) and £25 (non-members) including refreshments
(C.P.D. Certificate available upon request)

FOR FURTHER DETAILS CONTACT

MLPC

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