

THE MULTI-LINGUAL PSYCHOTHERAPY CENTRE

MLPC BOOK LAUNCH

"Mother Tongues and Other Tongues"

By Ali Zarbafi and Shula Wilson

Saturday 21st of May 2022

We are delighted to invite you to our book launch of 'Mother Tongues and Other Tongues: Narratives in Multi-lingual Psychotherapy' which includes a number of lectures given over the last 20 years at the Multi-lingual Psychotherapy Centre.

All cultures are concerned with how we speak and communicate as this represents identity, history, and home. The issue of identity, that feeling of belonging, is essential, full of possibility, and, at times, very uncomfortable, as it touches the tensions between who we are and who we are becoming. We are now living in times where the issue of identity and difference has taken on a more defensive hue. The tide is turning towards an inward-looking nostalgia of sameness based on fear rather than on understanding. The issue of identity appears to have become even more complex.

This collection addresses how language affects therapists and their patients, and how it can be understood culturally and therapeutically. It traverses the the personal journeys of therapists from Europe, Asia and Africa, as well as their practices with patients from diverse parts of the world with contributions from Cédric Bouët-Willaumez, Giselle China, Patricia Gorringer, Natsu Hattori, Monique Morris, Esti Rimmer, and Edna Sovin.

Shula Wilson is a psychotherapist and supervisor, a founder member of the Institute for Psychotherapy and Disability, and a consultant psychotherapist at St Thomas' and Great Ormond Street Hospitals. She is a committee member of Multi-lingual Psychotherapy Centre.

Ali Zarbafi is an Anglo-Iranian Jungian Analyst and supervisor and member of the Society of Analytical Psychology with thirty years' clinical experience. He is a founder member of the Multi-lingual Psychotherapy Centre. Ali works in the NHS and private practice.

Venue: The Freud Museum, 20 Maresfield Gardens, London NW3 5SX

Time: 6.00-8.00pm Refreshments provided

Chaired by Jan Wiener: Training Analyst, Society of Analytical Psychology

FOR FURTHER DETAILS CONTACT

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